

**Jockey Club Centre for Positive Ageing**  
**Two-day Professional Trainings on Dementia care for Pharmacist**

Date: 22 July and 29 July 2018 (Sunday)

Time: 9:00 am to 5:30 pm

Venue: Room 1303, Rightful Centre, 12 Tak Hing Street, Jordan, Hong Kong

Day 1 (22 July 2018)		
Time	Content	Staff
9:00-11:00	Introduction to dementia and mild cognitive impairment (MCI) <ul style="list-style-type: none"> <li>- Demography and Pathology of Dementia and MCI</li> <li>- Medical perspective and drug management</li> <li>- Importance of early detection</li> </ul>	Prof Kwok Director Jockey Club Centre for Positive Ageing Professor, Faculty of Medicine, CUHK
11:00-11:15	Break	
11:15-12:30	Person-centred care of people with dementia <ul style="list-style-type: none"> <li>- Principles and concern toward different stages of dementia care</li> <li>- New trend and development of interventions in the community</li> </ul>	Kenny Chui Senior Training Consultant Project Manager JCCPA
12:30-13:30	Lunch break	
13:30-15:30	Understanding and managing Behavioral and Psychological Symptoms of Dementia (BPSD) <ul style="list-style-type: none"> <li>- Detection of distressing and presenting behavior</li> <li>- A-B-C model and case analysis</li> <li>- Use of Chinese Neuro-psychiatric Inventory (CNPI)</li> </ul>	Kenny
15:30-15:45	Break	
15:45-17:15	Caregiver support and living well with family members <ul style="list-style-type: none"> <li>- Psycho-educational approach as an intervention</li> <li>- Accessing community resources and service matching</li> <li>- Use of Zarit Burden Interview (ZBI)</li> </ul>	Kenny
17:15-17:30	Q&A	

Day 2 (29 July 2018)		
9:00-10:45	<p>Introduction and practical skills of cognitive assessments</p> <ul style="list-style-type: none"> <li>- Understanding of Mini-Cog</li> <li>- Understanding of MoCA</li> <li>- Reference to the use of FAST and GDS</li> </ul>	<p>Nancy Tang Senior Training Consultant Head of Rehabilitation Services JCCPA</p>
10:45-11:00	Break	
11:00-12:30	<p>Practice of cognitive assessments</p> <ul style="list-style-type: none"> <li>- MoCA &amp; Mini-Cog</li> <li>- Communication skills and tips</li> </ul>	Nancy
12:30-13:30	Lunch break	
13:30-15:00	Assessing the abilities of cognitive functions and non-pharmacological interventions for people with dementia	Nancy
15:00-15:15	Break	
15:15-16:30	<p>Environmental intervention and use of technology</p> <p>Q&amp;A</p>	Nancy
16:30-17:30	Quiz	Nancy